

Helpful Trees and Plants

There are many helpful trees and plants in New Zealand. These are the ones that Nan uses in “Rongoā Māori”.



Kawakawa

It's easy to spot kawakawa. This small tree has heart-shaped leaves that are often covered with caterpillar holes. In summer, it has orange, spikey flowers.



Pūriri

This tree grows about 20 metres tall. It has bright red berries that are eaten mostly by native birds like kererū, kōkako, and tūī.



Koromiko

The koromiko is a small shrub with tiny flowers that grow in bunches. The flowers smell sweet to attract butterflies and bees.



Harakeke

Harakeke is also known as flax and has many important uses. As well as being a medicine, it is used for such things as clothing, mats, kete, ropes, and nets.

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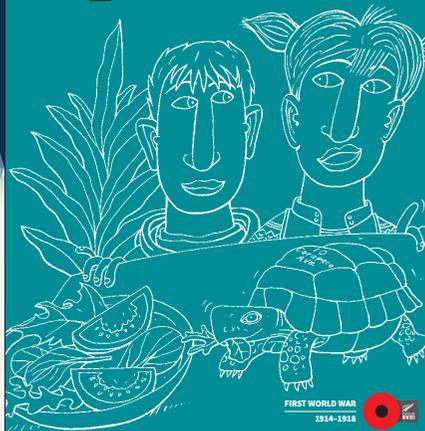
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48

The New Zealand Curriculum
LEVEL 2



FIRST WORLD WAR
 1914-1918

JUNIOR JOURNAL 48

Curriculum learning area	English (Reading) Level 2 — Ideas: Show some understanding of ideas within, across, and beyond texts. Social Studies Level 2 — Understand how cultural practices reflect and express people's customs, traditions, and values.
Reading year level	Year 3
Keywords	rongoā Māori, sick, medicine, traditional, kawakawa, koromiko, harakeke, pūriri